



## RAO DERMATOLOGY

### **Post -Operative Suture Wound Care Instructions**

- Keep the surgical site area clean and dry for the first 24 hours.
- After 24 hours, you may gently clean the area with peroxide, unless otherwise directed.
- Apply a small amount of bacitracin, polysporin, Neosporin, or any other triple antibiotic (All listed ointments can be purchased over the counter with no prescription).
- Ointment to the surgery site can be applied on every day up to your follow up appointment.
- Cover surgery site with a bandage if you tend to be outdoors, otherwise you can let the surgery site air dry. Crust may form over the stitch which is normal, if so soften the crust with peroxide and push off the crust with a cotton swab. This will be less painful when the stitches are removed.
- These instructions should be followed twice a day for 7-10 days.
- If your surgical site is stitched, avoid activities that will stretch any area of the wound while stitches are in place.
- Swimming or soaking the site should be avoided.
- Please report any of the following signs to the office:
  - Increased redness or warmth of the site
  - Unusual amount of drainage (blood, pus) more than a bandage could cover
  - Stitches come undone

There may be some bleeding from the surgery site. In such event apply pressure elevating the area for 10-15 minutes; if bleeding does not subside please call our office during business hours at (559) 446-0285.

**For assistance after 5pm please call:  
After Hours line at 559-304-3202.**